

Questions to ask your doctor

Stay organized! Time with your physician is limited, be prepared with relevant questions about your main concerns and write down answers during your appointment.

Remember, it is not uncommon to ask for a copy of the doctor's evaluation and notes!

1. Is there more than one condition that could be causing my symptoms?
2. What steps do you recommend to treat or control my condition? Are there any other options?
3. Does your diagnosis require any tests?
4. When can I expect results from these tests?
5. Are there any other doctors or specialists that you recommend be involved in my diagnosis/treatment?
6. Do you recommend any lifestyle changes, whether temporary or permanent?
7. Are you aware of all medications I am currently taking?
8. Which medications are you recommending and will they interact with any of my current medications?
9. Are there any side effects that I should be aware of?
10. What can I expect in the future and can you provide more information on my condition?
11. What's the best way to communicate any changes in my condition?
12. What can I do at home if my symptoms worsen?